

Extracorporeal shock wave therapy for pain management

What are sound/shock waves?

Shock waves are audible, high-energy sound waves. Since 1980 shock waves have been used in the medical world to disintegrate kidney stones. In modern pain therapy, low-energy shock waves are applied to the painful body regions where they can exert their curative actions. Shock waves accelerate the healing process in the body, stimulating metabolism and improving blood circulation; damaged tissues can regenerate and fully heal.

Many years of experience have confirmed that certain pathological alterations of tendons, ligaments, capsules, muscles and bones - in other words the root causes of your pain - can be eliminated systematically with this therapy approach.

When performed by qualified therapists, extracorporeal shock wave therapy of musculoskeletal pain has minimal risks and side effects.

- Headaches/Migraines
- Cervical (Neck) Pain
- Thoracic (Midback) Pain
- Lumbar (Lowback) Pain
- Neuropathy/Radiculopathy
- SI Joint Pain
- Shoulder Pain
- Tennis Elbow
- Bursitis
- Tendonitis
- Jumper's Knee
- Baker's Cyst
- Myofascial Pain Syndrome
- Musculoskeletal Pain
- Achilles Tendon (Heel) Pain
- Plantar Fasciitis (Foot) Pain
- Acute/Chronic - Healing
- Muscle Spasms/Sprain/Strain
- Breaks down Kidney/Gall Stones
- Osteoarthritis
- Avascular Necrosis
- Release of Trigger Points
- Dissolving of Scar Tissue
- Stimulation of Collagen
- Cellulite Treatment
- Skin Tightening

Family

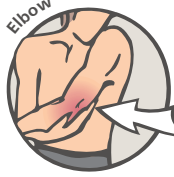
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"PAIN THERAPY WITH SOUND WAVES"

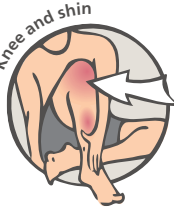
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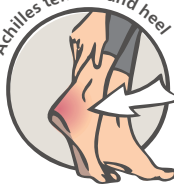
Conditions and symptoms we can treat with shock wave therapy:



- Tennis or golfer's elbow



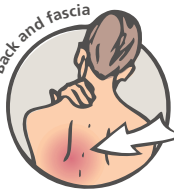
- Patellar tendinitis («jumper's knee»)
- Shin pain/tibial stress syndrome



- Achilles tendon pain
- Heel pain



- Chronic neck and shoulder pain
- Trigger points



- Back pain
- Fascial pain

How successful is the therapy?

The therapist takes your history in an in-depth consultation, localizes the pain region by palpation and discusses the findings with you.

A gel is then applied to the treatment area to allow the shock waves to be introduced into the body without any loss of energy.

After these preparations, shock waves are applied as the therapy head is moved over the pain region.



Please feel free to ask if your symptoms can be helped.



How successful is the therapy?

Even after only 1 to 2 sessions, many patients report complete pain relief or significant pain reduction. 5+ visits are recommended. The therapy reduces pain or restores full mobility thus improving your quality of life.

Ask about our package pricing.

Pain therapy with shock waves

Acute or chronic pain in the shoulder, knee, heel or Achilles tendon or tensed-up muscles in the neck, shoulder or back pain makes life difficult and reduces mobility. Modern shock wave therapy is gentle on tissue and can help to alleviate pain on a long-term basis.

Extracorporeal shock wave therapy is a pain management technique that introduces high-energy sound waves into the painful areas of the body. Changes to tendons, ligaments and muscles can be treated in a targeted manner.

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